

2016 Outdoor Education

Activity Name:	Moke Lake Camp	
Year Level or house	5/6 Team	
Days:	2 days (1 overnight)	
Dates:	Rms 28 & 29 - 28/11/16, Rms 21 & 27 - 29/11/16, Rms 20 & 22 - 30/11/16	

Outline

Time	Programme - Day one
8.55am	Students report to their classroom for roll call
9.10am	Gear and medication check
9:30am	Depart QPS by bus
10.30am	Arrive at Moke Lake and set up camp and morning tea, roll call.
11:00 - 12:00pm	Classroom games sessions run by teacher.
12:00 - 1:00pm	Lunch - Students own packed lunch brought from home, roll call.
1:15 - 3:30pm	Environmental Activities - Art / Scavenger hunt / Drama
3.30pm - 4:00pm	Afternoon tea and roll call
4:00pm - 5.30pm	Classroom community games sessions run by teacher.
Dinner 6-7pm	BBQ - Parents prepare BBQ for children, roll call.
7:00pm - 8.30pm	Team cycling activities (one bike per team of 5-6 students)
9:00pm	Roll call, supper then bed
Time	Programme - Day two
7:00 - 7:30am	Breakfast (cereal, fruit and milk) and roll call
7:30 - 8:30am	Pack up and sweep out tents (Group 1 - Leave tents for Group 2). Move bags out of tents for next group.
8:45am	Be ready to begin outdoor activities for the day.
10:30 - 10:45 am	Morning Tea
12:15 - 12:45pm	Lunch and roll call
2:00 pm	Complete activities, return gear tidily and pack up.
2:15pm	Roll call, afternoon tea on the bus or before departure - baking, fruit.
2.15pm - 3pm	Bus back to school arrive at 2:55pm.

	9:00am - 10:30 am	10:45 am -12:15 pm	12:45 am - 2:00 pm
Group A	Cycling	Fishing	Water safety
Group B	Water safety	Cycling	Fishing
Group C	Fishing	Water Safety	Cycling

#Divide into 3 groups - 18 in each group. All completing the rotation.

Equipment List:

Small day pack	Medication in a named bag (if required).
Tramping pack/suitable bag for gear	Wetsuit (optional)
Warm Fleece, woollen hat	High Visibility Vest
Waterproof jacket (no ski jackets or puffer jackets)	Change of clothes Track pants/long-pants, shorts, extra dry footwear, 2 pairs socks, underwear and warm top layer.
Suitable sturdy walking shoes	Warm sleeping bag and bedroll
Sunhat, sunscreen and insect repellent	Swimming togs and towel
Water bottle (2 are preferred)	Book, cards (optional)
A suitable lunch and morning tea for the first day	Cycle helmet - named
Named cutlery / plate / bowl / mug - teatowel.	Personal Equipment for the one-night stay: Toiletries - toothbrush, toothpaste, deodorant.
Polyprop top and pants	PJ's
Home baking to share for supper and lunch	Torch
Fishing lures (optional)	